

SMOKED DUCK AND ORANGE SALAD

Serves four as a starter



Ingredients

1 Smoked duck breast 2 Juicy oranges 50-100g Walnut halves 1 Bag of salad leaves 1 Avocado - sliced French dressing - preferably made with walnut oil

Remove the skin from the Smoked Duck Breast and slice the meat Crisp the skin in a hot oven or under the grill and allow to cool, Meanwhile peel, de-pith and section the oranges, reserving any juice. Chop the crispy duck skin into croutons. Arrange the salad onto 4 plates with slices of duck, orange, and walnuts. Drizzle over the dressing with the reserved orange juice and finish each with some crispy croutons.

Equally fabulous made with Smoked Goose Breast

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